



## What YOU Can Do ... Energy Saving Tips for Kids



our home and it is in need of our care and attention...

**Climate change** is an issue that everyone, young or old, needs to take seriously. Climate change refers to the longer-term changes in global temperature and weather that may be resulting from extra greenhouse gases we are putting into the atmosphere. Things we do everyday, such as using electricity or driving a car, produce greenhouse gases that end up in our atmosphere. Scientists are concerned that we are putting too many of these greenhouse gases in our atmosphere, due to human activities like our heavy use of energy. These extra greenhouse gases are upsetting the natural balance that has existed in our atmosphere for thousands of years and may be causing the earth to "heat up."

People need to be careful of how much energy they are using and what they are putting in the atmosphere. Here are some simple tips that you can follow to help keep the earth in balance and produce less greenhouse gases.

**Remember**, your actions make a difference!!! Care for the earth and it will provide for you.

### *Tips for Helping the Environment*



- ✓ **Lights Out** - make sure you always turn the lights off when you are the last one to leave a room at home or at school.



- ✓ **Game Over** - make sure your video games and computers are off before you leave the house - these electronic devices use lots of energy.



- ✓ **Pack an "Eco" Lunch** - pack your lunch using reusable containers instead of plastic wrappers or bags.



- ✓ **Smart Supplies** - at school, use both sides of the paper. Also save and reuse unused chalk, pens, pencils and art supplies.



- ✓ **Slip on a Sweater** - put a sweater on instead of turning the heat up when you are cold at home.



- ✓ **Bike or Walk** - try biking or walking to school instead of asking for a ride. It is fun and good for the environment!



- ✓ **Trash Talk** - Remember the three "R's" - Reduce, Reuse, Recycle. Put bottles, newspapers and pop cans in your recycling box or contact your local recycling depot for more information on recycling in your community.



- ✓ **Turn, turn, turn** - Turn off and unplug stereos, radios, TVs, VCRs, and clocks when you leave for holidays. These appliances have a stand-by function that uses energy even when they are turned off.



- ✓ **Be a Smart Shopper** - when someone in your family is buying an item, look for the recycled logo and make an effort to choose recycled or recyclable products for all your shopping.